



RIDER INSTRUCTIONS

- CAREFULLY READ THE RULES ON REVERSE.**
- Prairie Gran Fondo is a supported ride, however the course is NOT fully closed. You will be sharing the majority of the route with vehicular traffic.**

Traffic marshalling is provided at the start of the ride with a Police escort from the start line out onto Valley Road. During this ~4 KM escort the pace will be governed, please DO NOT leapfrog ahead of the escorting police cruiser. (Once the police cruiser pulls off you are free to travel at your preferred pace for the remainder of the ride) Upon your return into Saskatoon the southbound, rightmost lane of Circle Drive from Valley Road to the Lorne Ave exit will be closed to motorized traffic from 9:00 AM - 3:00 PM.

IMPORTANT: VALLEY ROAD CUT OFF TIME: Due to the 3:00 PM lifting of the lane closure of Circle Drive, riders who do not make it to Floral Acres by 2:30 PM on your return into Saskatoon will be pulled from the course by the SAG wagon. Those riders will be transported to the Start/Finish line at the German Cultural Center.
Note: this should not be an issue for any rider who averages a minimum pace of 20Km/hr for the 115kph Granfondo route.
- Start/ Finish Line is the German Cultural Center (160 Cartwright St., Saskatoon).**
- Affix your colored event bib to the LOWER BACK of your Jersey with the provided safety pins. The tear off strip on this number will be your lunch ticket so please keep it with you.**
- Affix your plain Black/white bib to the side of your Jersey running vertically from hip to arm with the provided safety pins.**
- Please park your vehicle as directed upon arrival.** There is no "official bag check" however you may label the plastic bag provided within your rider package and deposit it in the designated area within the designated Hall of the German Cultural Center. (Entrance on west side of building)
- Pre-Ride Program starts at 7:00AM.**
- Self-seed into one of the three start areas based on your anticipated average speed.**
- Mass start commences at 7:30AM with a Police escort from German Cultural Center out to Valley Road.**
- Carry the provided Route Map, and your S'toon Berry Pie ticket (Piccolo/Medio riders).**
- Riders should carry at least one spare tube and a functioning pump or CO2 cartridge.** If you have mechanical difficulties that you cannot remedy yourself turn your bike upside down and send word with another rider to the next rest stop, the SAG wagon will be contacted.
- Course directional signage is color coded to your bib color:**
 - Piccolo riders (45KM) - red
 - Medio riders (73KM) - blue
 - Gran (115KM) & Gran *PLUS* riders (165KM) - yellow
- Volunteer Course Marshals are there to assist you and help keep you safe. Volunteer Marshals are there to *marshal the cyclist*, at intersections etc. It is NOT the DUTY, RESPONSIBILITY, OR AUTHORITY of a volunteer marshal to direct motor vehicles.**

Riding ... So **ALL** Kids
Can Play!



RULES

1. **This is not an official “race”.** Rather Prairie Gran Fondo is a self-paced ride where you receive a finishing time for your own information.
2. **Rider Health.** It is the responsibility of each rider to ensure that his/her health condition is sufficient for the event. Know your limits. Rest stops are provided along the course and a roving SAG wagon will be present.
3. **Helmets are mandatory.** Cyclists must wear a certified cycling helmet with the chinstrap buckled while riding on the course.
4. **Participants are permitted to use standard road bicycles, hybrids, commuters or mountain bikes.** Aero handlebars are permitted. However, out of respect for the safety of fellow participants, riders with aerobars must refrain from using them within 3 meters of any other rider. Violation can lead to immediate disqualification and removal from the event.
5. **Headphones are not allowed.**
6. **Obey the rules of the Road.** As a cyclist you are considered a vehicle under provincial traffic laws and therefore governed and bound by the traffic laws of Saskatchewan.
7. **Ride with courtesy.** Ride safely, in control, and single file whenever possible.
 - Be aware of others around you and communicate well in advance. Use gestures in combination with verbal commands.
 - Pass on the left only. Politely say “on your left” upon approaching a rider from behind.
 - Ride with your head up, look down the road not at the person in front of you.
 - If you choose to stop while on course, signal to the riders behind and pull over safely.
 - Never overlap your wheels with another cyclist.**Any cyclist who is deemed to be riding unsafely, discourteously or recklessly will be removed from Prairie Gran Fondo.**
8. **Emergency Vehicles ALWAYS have the right of way.** Give way to the emergency vehicles by pulling over, stopping and dismounting.
9. **Display your event number.** All registered cyclists must wear their event number according to event instructions (reverse). Riders who fail to do so will be disqualified and may not receive an official finish time.
10. **Entries are not refundable.** No rider shall be entitled to an entry fee refund in case of disqualification.
11. **Waiver -** All riders have must have signed their waiver before they can participate. To participate, **riders under the age of 18 on event day** must have their waiver signed by a parent or guardian.
12. **South Circle Drive Lane Closure.** For your return into Saskatoon the southbound, rightmost lane of Circle Drive from Valley Road to the Lorne Ave exit will be closed to motorized traffic from 9:00AM - 3:00PM. ***If, upon your return into Saskatoon, you do not make it to Floral Acres on Valley Road (#762) (~5KM from the Valley Road Exit onto Circle Drive) by 2:30PM you will be pulled from the course by the SAG wagon and transported to the Start/Finish line at the German Cultural Center.*** Note: this should not be an issue for any rider who averages a minimum pace of 20Km/hr.
13. **No littering on course.** Please dispose of garbage in designated garbage bins only.
14. **Washrooms -** when nature calls, riders are asked to use toilets provided at rest stops.

Rules can be altered if deemed necessary at sole discretion of the organizing committee of Prairie Gran Fondo