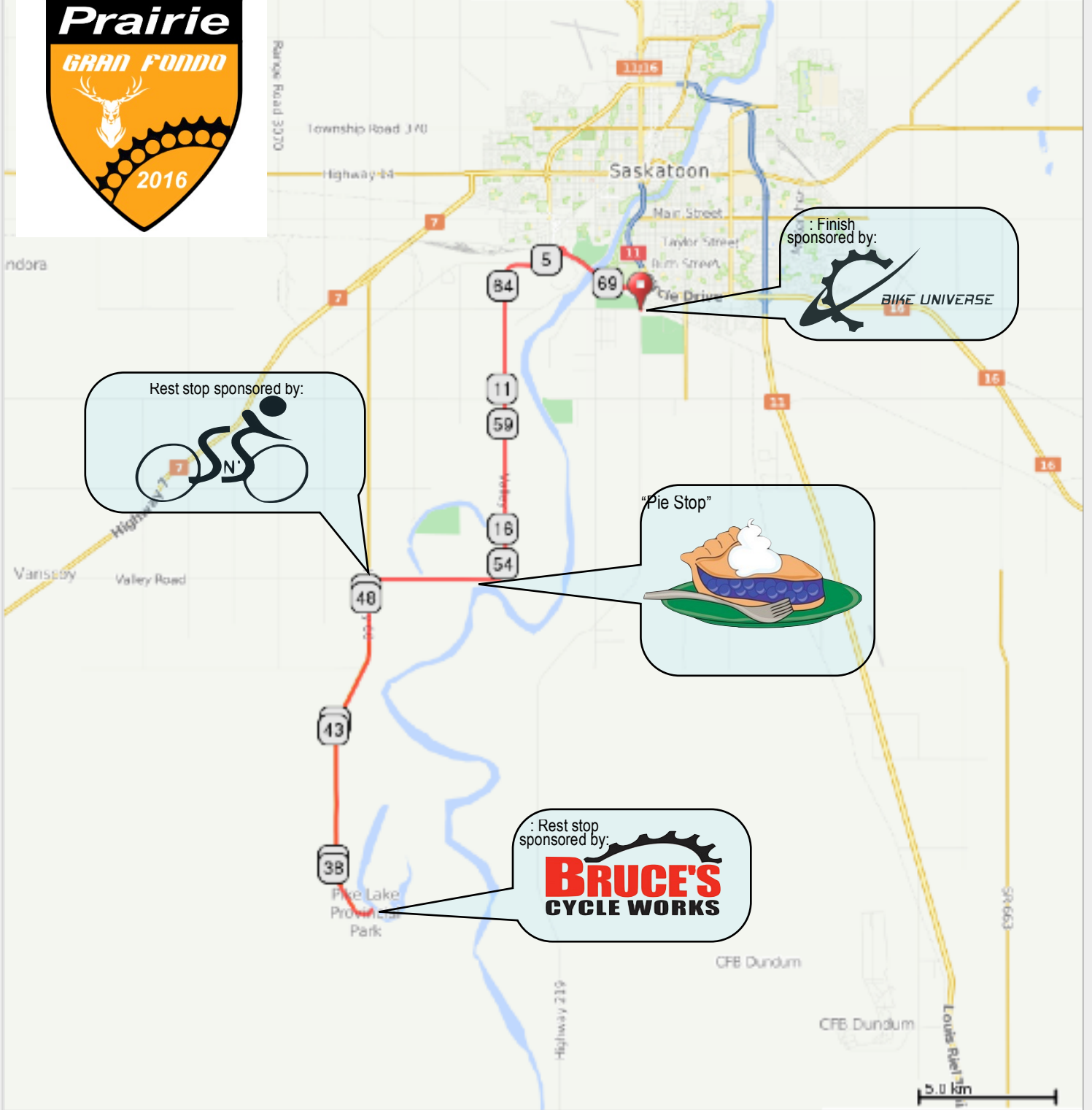


Medio Fondo



70.9 km, + 193 / - 192 translation missing: en.units.distance.meters.other



Rest stop sponsored by:

A callout box containing the text "Rest stop sponsored by:" and a logo featuring a stylized cyclist and the letter "N".

: Finish sponsored by:

BIKE UNIVERSE

A callout box containing the text ": Finish sponsored by:" and the logo for "BIKE UNIVERSE", which features a gear and a bicycle wheel.

"Pie Stop"

A callout box containing the text "Pie Stop" and an illustration of a pie on a plate with a fork.

: Rest stop sponsored by:

BRUCE'S
CYCLE WORKS

A callout box containing the text ": Rest stop sponsored by:" and the logo for "BRUCE'S CYCLE WORKS", which features a gear.



Medio Fondo

| | | | |
|------|------|---|----------------------------------------------------------------------------------------------------------|
| 0.0 | 0.0 | 🚩 | Start of route |
| 0.0 | 0.0 | → | R onto Lorne Ave/SK-219 N |
| 1.0 | 1.0 | ← | L onto the ramp to Circle Drive North |
| 1.5 | 0.5 | ↑ | Merge onto Circle Dr |
| 4.0 | 2.5 | ↑ | exit to Valley Road/Landfill |
| 4.6 | 0.7 | ↑ | Continue straight onto Valley Rd/SK-762 W |
| 22.5 | 17.9 | ← | L onto SK-60 S and proceed south to Pike Lake or proceed across the Hiway to the first food stop. |
| 35.9 | 13.4 | ↑ | Arrive at Pike Lake Prov Park food stop. Then around and head back up Hwy #60 to the Valley Rd Junction. |

35.9 kilometers. +101/-122 meters

| | | | |
|------|------|---|------------------------------------------------------------------------------------------------|
| 48.8 | 12.8 | → | R onto Valley Rd/SK-762 E or L to the food stop that you passed on the way out. |
| 66.7 | 17.9 | → | ramp to Circle Drive South. Ensure that you ride on the cordoned off shoulder. |
| 67.1 | 0.5 | ↑ | Merge onto Circle Dr |
| 69.6 | 2.4 | → | exit to Lorne Ave |
| 70.1 | 0.5 | → | R onto Lorne Ave/SK-219 S |
| 70.9 | 0.7 | ← | L onto Cartwright St and arrive back at the start/finish point. Congratulations, You're done!! |
| 70.9 | 0.0 | 🚩 | End of route |

35.0 kilometers. +72/-67 meters